



@DrWillN @teamprepster

hello@prepster.info

**Got HIV? No**

Get tested for HIV. If you're HIV positive, you can live a long, healthy life. You can also prevent HIV from spreading to others. Get tested today. [www.hiv.gov](http://www.hiv.gov)

**Living after loved ones**

Living with HIV is no longer a death sentence. With the right treatment, you can live a long, healthy life. You can also prevent HIV from spreading to others. Get tested today. [www.hiv.gov](http://www.hiv.gov)

**Keeping excitement in bed**

Get tested for HIV. If you're HIV positive, you can live a long, healthy life. You can also prevent HIV from spreading to others. Get tested today. [www.hiv.gov](http://www.hiv.gov)

**U=U**

AN UNDETECTABLE  
VIRAL LOAD IS  
UNTRANSMITTABLE

A PERSON LIVING WITH HIV  
WHO HAS AN UNDETECTABLE  
VIRAL LOAD DOES NOT  
TRANSMIT THE VIRUS TO THEIR  
PARTNERS.

© International AIDC Society. It is proud to endorse the U=U consistent statement of the President's Action



It's a fact  
**U=U**  
Undetectable equals untransmittable

British HIV Association is proud to support the *Prevention Access Campaign*

**nam** aidsmap  
HIV & AIDS – sharing knowledge changing lives

*"The scientific evidence is clear. Someone whose HIV is undetectable does not pose an infection risk to their sexual partners."*

For information on this you can visit [www.aidsmap.com](http://www.aidsmap.com)

**U=U** Undetectable Equals Untransmittable

*lives and families they desire.*

**An undetectable viral load means you cannot pass HIV to your partners.**

#EqualsHIV  
#HIVLoveWins



**ART study (2016)**

- 95% of HIV+ partners virally suppressed and on effective treatment
- 58,000 sex acts without a condom
- HIV transmission from ART prevents HIV transmission

(FIND study 2016)

**metrobus**

**are the solution**

metrobus is a leading provider of bus services in the UK. We offer a range of services, including school buses, private hire, and more. For more information, visit [www.metrobus.co.uk](http://www.metrobus.co.uk)

**YOU** are the solution.

Taking HIV medication daily suppresses the virus and means you can't pass it to others.

#Uequal  
DCTakesonHIV

**U=U**  
#U=U

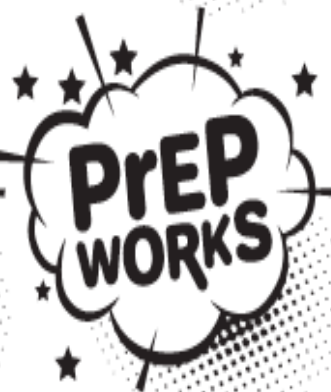
**UNDETECTABLE = UNTRANSMITTABLE**

**PRIDE: YOUTH**  
COMMUNITY POLICY

*Let's talk about love.*  
Today, you can have a healthy, happy relationship. You can love and be loved. You can be a part of a community.

*Love is the most powerful force in the world. It can change the world. It can change the way we live. It can change the way we think. It can change the way we feel. It can change the way we act. It can change the way we are.*





*Prepster*  
prepster.info

# “HIV literacy

... is not only about individuals having the right knowledge and set of skills, but that it is also dependent on supportive partners, peers and communities, engaging health services, and a wider environment in which HIV prevention and care is not constrained by social and structural barriers”

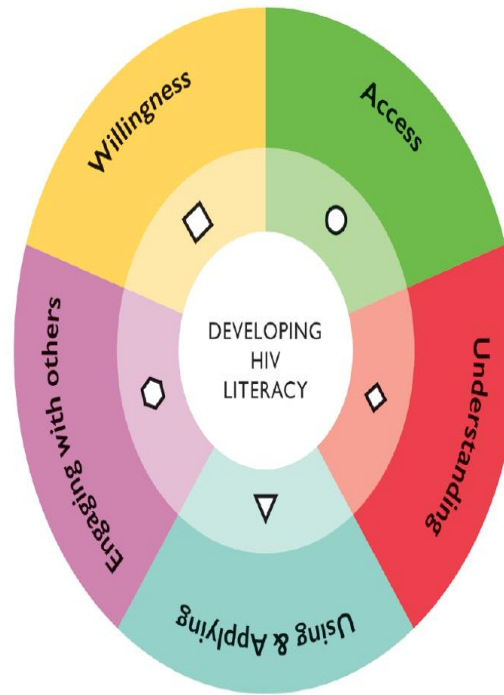
- “This means that repeating simple messages is not enough to improve HIV literacy”.

Making the Case for HIV Literacy

Ingrid Young

Uni of Edinburgh

## Developing HIV Literacy Framework Domains



Willingness to engage with HIV



Access to HIV information



Understanding HIV information



Using & applying HIV information



Engaging with others about HIV

Developing HIV Literacy  
Framework Categories

Includes:

Consider:

Individual

motivation,  
self-confidence,  
functional literacy,  
mental health  
& wellbeing

Sexual Partners

regular,  
casual or  
multiple partners

power dynamics,  
norms of communication,  
trust in information shared  
within relationship,  
risk perception from or  
to sexual partner(s)

Communities

peers,  
physical and/or  
virtual networks

role of community identities,  
trust & advice from peers,  
information available through  
peer networks, shared moral  
codes & social norms,  
norms of discussions  
(digital, in person)

Organisations

third sector,  
health, policy & education  
organisations, and other  
public & private entities

integrity of service providers,  
trusted systems, presence  
of campaigns & outreach work,  
availability of materials,  
messages and interventions

Social/Structural

legislation, regulation,  
policy, criminalization,  
media, stigma,  
racism, sexism

political climate,  
media framing, public attitudes,  
diversity & location of services,  
cultural representations of  
sexual health, funding for  
services

“Practitioners, activists, educators + community members involved in the provision of new HIV information should consider the multiple + creative ways in which this information will be accessed, taken up + shared and should be open to how communities can and will modify information to suit their needs.”



PrEP isn't  
available yet  
on the NHS  
in England  
but can be  
bought online.



We already know the answers ...

# ISSUE 10

Information on Terrence Higgins Trust's Gay Men's HIV Prevention Initiatives October '99

Terrence  
HIGGINS  
TRUST

"It's prejudice  
that's queer"  
anti-homophobia  
campaign

page 3

## Inside

- Section 28
- Evidence for change
- Class conscious
- Post-AIDS
- mind the GAP
- Food for thought

The largest needs assessment of homosexually active Black men in Britain has just been published. Entitled **What are you like?**, this is an enquiry into the sexual health needs of Black gay and bisexual men within and beyond London.

## What are you like?

**What are you like?** is the result of collaboration between Big Up, Sigma Research and the Department of STD, Royal Free and University College Medical School, London. It was commissioned as part of CHAPS.

Big Up has been addressing the sexual health needs of London's African and African-Caribbean men who have sex with men since 1994. Central to its ethos are two beliefs; the importance of Black men being seen to do health promotion work for themselves, and the value of partnership working within both the Black and gay communities.

Throughout its existence, Big Up has engaged in a dialogue with a number of key constituencies; Black gay and bisexual men, the Black and gay communities, and purchasers of services for Black gay men. *What are you like?* is an attempt to further this dialogue, using research to overcome those obstacles seen by Big Up as frustrating work with these men. These barriers are identified as both the way in which Big Up's target group is denied and invisibilised by the Black and gay communities and the scepticism of purchasers, together with their requests for evidence before giving commitments to funding.

The project set out with three goals:

- gather information on the characteristics, sexual attitudes and behaviours of Black gay men

- identify gaps in service provision, ensuring Big Up and others offer appropriate sexual health services
- develop a vision for sexual health promotion with Black gay men and inform strategy development.

Methods used to compile the research data that make up the report include quantitative and qualitative approaches. Focus groups with health providers and the men themselves provided the chance to explore relevant issues and articulate needs and experiences of being 'Black and gay' within both Black and mainstream communities. Short self-completion questionnaires were given out by volunteers in commercial and social venues in London and Birmingham. In all, around 400 men took part in the study.

When questioned about their use of GUM clinical services, it emerged over half of the men had been to a GUM clinic, although many went to GPs or private practitioners for sexual health services. Although rated as impersonal, clinical services were seen as impersonal and unaware of the concerns and needs of Black gay men.

(cont'd)



"Big Up" safer sex postcard

*What are you like?* is not the final word on Black gay and bisexual men's sexual health needs and experiences. Big Up hope it is an early contribution to what will become a growing body of evidence.

### Needs identified were:

- greater awareness among sexual health providers of Black gay men's needs
- training of clinic staff in cultural and religious issues
- availability of Black sexual health care professionals
- some choice in seeing Black counsellors or professionals
- reassurance about confidentiality.

Safer sex promotion needs were measured against a background of around two thirds of men ever having been tested for HIV (over a third had tested within the previous year). Older men were more likely to test, with the most common reason among men for not testing given as not having been at risk. More than half of the men reported unprotected anal intercourse (UAI) in the last year.

Nearly three quarters had engaged in UAI at some time. Levels of knowledge about the risk of HIV transmission were generally high. Consequently, safer sex promotion needs were seen as follows:

- promotion of HIV testing
- promotion of reasons for and benefits of HIV testing
- greater understanding of the HIV risk of UAI
- promotion of 'negotiated safety'.

Attitudes to general sexual health promotion were assessed against a consensus that sexual health was a low priority among the Black community, especially for young Black gay men and men who do not identify as 'gay'. In the light of this, the report details a need for:

- a focus on the wider determinants of sexual health
- more positive images of Black gay men, their lives and experiences
- education in the wider Black community around sexuality, homophobia and sexual health
- social infrastructures and supportive environments where Black gay men can be with others like themselves
- safer sex promotion that takes into account men's psychosocial needs and the cultural context they live within.

The needs assessment acknowledges that Black gay men share the majority of the health promotion needs of other gay and bisexual men. It goes on, however, to make recommendations for those wishing to purchase or deliver sexual health promotion to these men. Having identified distinct needs, it calls for targeted and culturally sensitive interventions.

- young Black men are identified as being in particular need
- increased visibility of work and organisations around Black gay men is needed within both the Black gay community and the wider Black and gay communities
- sexual health promotion should focus not only on safer sex and condoms, but also the wider factors impacting on sexual health
- work with Black gay men is more effective when allied to work within the wider Black community
- there is an urgent need to invest in work that increases for Black gay men their social interaction, community development and peer support.

*What are you like?* is not the final word on Black gay and bisexual men's sexual health needs and experiences. Big Up hope it is an early contribution to what will become a growing body of evidence. As Michael Cadette, Big Up's Project Manager reaffirms in the publication's foreword, the report is a "commitment to ensuring that the needs identified are effectively addressed and that future systematic enquiry is supported and undertaken on an ongoing basis."

**What are you like?** is available by contacting Big Up.  
Tel: 020 7501 9264  
Email: info@bigup.co.uk



"Big Up" safer sex postcard



"What are you like?" document

Target, tailor ...

# Results – Awareness



	Had heard about PrEP	Knowing someone using PrEP
Total (1056)	49%	29%
White MSM (303)	86%	59%
BAME MSM (146)	70%	51%
White women (180)	24%	7%
BAME women (259)	21%	5%
Trans (58)	66%	35%
Hetero BAME men (110)	13%	6%





Prepster  
x  
HAZEL MEAD

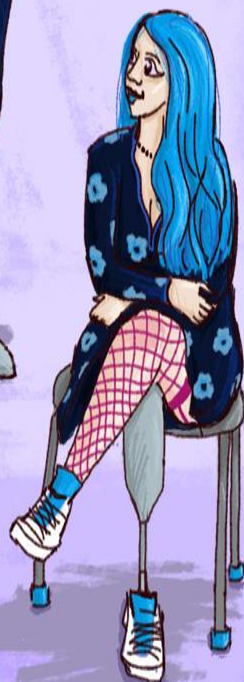


PrEP

TAKE ACTION  
IN OUR  
COMMUNITIES



PrEP





# Broadcast + social media ...





# Driven by peers

**My PrEP story:**

KUCHENGA

**PART 1**





↓ Luna – 22, using PrEP for 1.5 years



*'Being on PrEP has been good for business ;-).'*



**INNOVATE**

# Innovate ...

- Innovate
- Evaluate
- Replicate
- Adapt
- Collaborate

# 専門家や当事者同士で話そう！ トランスとXジェンダーのセクシュアルヘルス

ミニ上映会「Trans People Taking PrEP」

— Tokyo AIDS Weeks 2019 —

## TRANS PEOPLE TAKING



日 時: **2019年11月30日** (土)

開 場: **18時30分** 開始: **19時** 終了: **21時**

講 師: 吉野一枝医師 (よしの女性診療所)

宮田リリイ氏 (公益財団法人エイズ予防財団/関西大学人間健康研究室)

山口正純医師 (武南病院)



場 所: なかのZERO 学習室2 (〒164-0001 中野区中野2丁目9番7号)

参加対象者: トランスジェンダー/Xジェンダー/ノンバイナリー

資料代: 300円

要事前申込 (定員30名程度)

申込フォーム <https://forms.gle/SYD5jgpyK2Sr3bAP7>



トランスジェンダー、Xジェンダーなどの当事者が集まり自身のセクシュアルヘルスについて話す場はあまりなく、健康問題等に不安を抱えるけれど、なかなか相談場所や情報リソースもないのが現状です。今回のイベントでは、性感染症の予防・検査・治療や健康問題など日ごろ感じていることや不安に思っていることを登壇者とお話できればと思います。

### PROGRAM

前 半	● 吉野一枝医師	性感染症の予防、検査・治療、健康問題、当クリニック受診時の配慮をした対応等
	● 宮田リリイ氏	日本におけるトランスジェンダーとセクシュアルヘルスの現状
	● 山口正純医師	PrEPに関するレクチャー
	● ショートドキュメンタリー上映「Trans People Taking PrEP」	制作元: My Generation, PrEPster, IwanPrEPnow
後 半	● グラウンドルールの読み合わせ ● 参加者同士でのグループワーク ● Q&A	

主催: カラフル@はーと PREP@TOKYO <https://hiv-prep.tokyo> お問い合わせ [lgbtcolourfulheart@gmail.com](mailto:lgbtcolourfulheart@gmail.com)

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[Presse](#)

[FR](#) [EN](#)

 [Coalition](#)

**AIDES**  
Membre de la Coalition  
internationale Sida 

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[HÉPATITES](#)

[PRÉVENTION](#)

[BIEN VIVRE](#)

[AIDES EN ACTION](#)



## La PrEP VIH, c'est quoi ?

**Prophylaxie** = éviter une infection.

**Pré-exposition** = le traitement doit se prendre avant (et après) un éventuel contact avec le VIH.



what is syphilis  
prevention  
symptoms  
treatment  
where to test  
tell your friends  
syphilis and me  
stories



**The comeback you weren't looking forward to**



what is syphilis  
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