

# Warsaw Summit 2019 Is PrEP working? How about U=U? And how would we know?

Valerie Delpech Public Health England Watipa



# What I plan to cover

- Valerie: I have asked you to take a look at
- the evidence for the public health effects of PrEP.
- Does PrEP work on a population level? How would we know if it was? What's the evidence? Where from (UK? US? Australia? Lower income settings?)
- How do we disentangle, if we can, the effect of PrEP from the effect of U=U and does it matter?
- And finally, though we will be looking at this in more detail, to what extent does the effect of PrEP go beyond its mere efficacy and act as a catalyst for better sexual healthcare and health-seeking behaviours? A lot in 20 minutes, I know. -GUS



# Questions – Raise your hand (glass!)

- Can we end HIV in our life time?
- If we can will we?
- Is Prep the solution we have been waiting for?



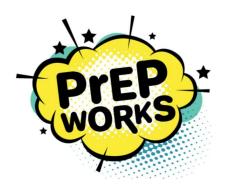


# Take home message

- PrEP works and is working, it is a key prevention tool and is cost-saving
- PrEP can be scaled up relatively quickly provided there is a good infrastructure to monitor its impact at the individual and population level.
- The relative contribution of PrEP in reducing transmission is context and setting specific
- PrEP will work best as part of Combination Prevention Programme specific to needs of the local community



Le TasP et la PrEP : les deux faces d'une même médaile





# Is Prep working (in the real world)?

Efficacy vs Effectiveness

Efficacy for men yes

Efficacy for women ???

'We urge the regulators to hold product developers to a higher standard in drug development plans that will gain sufficient data across a range of populations in a timely and efficient manner'

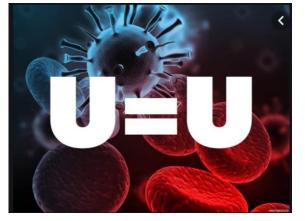


# What modelling work tells us

- There is agreement that PrEP works, is cost-effective and benefits health (eg from Netherlands, UK, Germany)
- Cost saving models extend to a 40 year period this time can be substantially reduced if using low-cost drugs and services
- The number of persons who are at high risk and on PrEP is a key parameter to the epidemiological and economic impact
- Other important parameters including cost of ARVs, daily vs event based PreP use and uptake by low risk persons
- However models rely on assumptions that are only true today and may not be good predictors of the future....

## **COMBINATION PREVENTION**

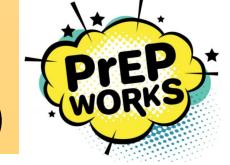
**Combination or high-impact** prevention is a set of strategicallyselected interventions that matches the needs of a given country or community--and is delivered at the scale needed to make an impact. It means doing less of something and far more of others. It means making tough decisions and measuring impact. Above all, it means moving with clarity and speed. (AVAC)



Le TasP et la PrEP : les deux faces d'une même médaile



Treatement AS Prevention





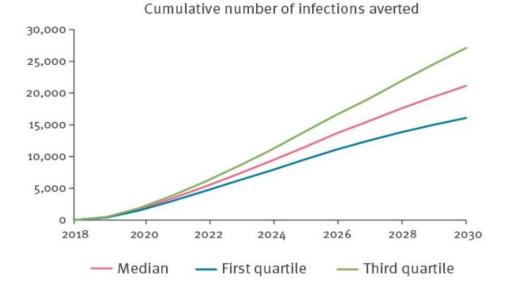
<u>Euro Surveill</u>. 2019 Feb 14; 24(7): 1800398. doi: <u>10.2807/1560-7917.ES.2019.24.7.1800398</u>

PMCID: PMC6381659 PMID: <u>30782266</u>

### Cost-effectiveness and budget effect of pre-exposure prophylaxis for HIV-1 prevention in Germany from 2018 to 2058

David A M C van de Vijver, <sup>1</sup> Ann-Kathrin Richter, <sup>2</sup> Charles A B Boucher, <sup>1</sup> Barbara Gunsenheimer-Bartmeyer, <sup>3</sup> Christian Kollan, <sup>3</sup> Brooke E Nichols, <sup>1, 4, 5</sup> Christoph D Spinner, <sup>6, 7</sup> Jürgen Wasem, <sup>2</sup> Knud Schewe, <sup>7</sup> and Anja Neumann <sup>2</sup>

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#### Background

Pre-exposure prophylaxis (PrEP) is a highly effective HIV prevention strategy for men-who-have-sexwith-men (MSM). The high cost of PrEP has until recently been a primary barrier to its use. In 2017, generic PrEP became available, reducing the costs by 90%.

#### Aim

Our objective was to assess cost-effectiveness and costs of introducing PrEP in Germany.

#### Methods

We calibrated a deterministic mathematical model to the human immunodeficiency virus (HIV) epidemic among MSM in Germany. PrEP was targeted to 30% of high-risk MSM. It was assumed that PrEP reduces the risk of HIV infection by 85%. Costs were calculated from a healthcare payer perspective using a 40-year time horizon starting in 2018.

#### Results

PrEP can avert 21,000 infections (interquartile range (IQR): 16,000–27,000) in the short run (after 2 years scale-up and 10 years full implementation). HIV care is predicted to cost EUR 36.2 billion (IQR: 32.4–40.4 billion) over the coming 40 years. PrEP can increase costs by at most EUR 150 million within the first decade after introduction. Ten years after introduction, PrEP can become cost-saving, accumulating to savings of HIV-related costs of EUR 5.1 billion (IQR: 3.5–6.9 billion) after 40 years. In a sensitivity analysis, PrEP remained cost-saving even at a 70% price reduction of antiretroviral drug treatment and a lower effectiveness of PrEP.

#### Conclusion

Go to: 🕑

Introduction of PrEP in Germany can reduce the HIV epidemic among MSM in a cost-saving manner. PrEP is predicted to remain cost-saving even when generic versions of antiretroviral drug treatment become available. Introduction of PrEP will, however, require short-term financial investments which are predicted to result in substantial cost-savings after a period of at least 10 years.

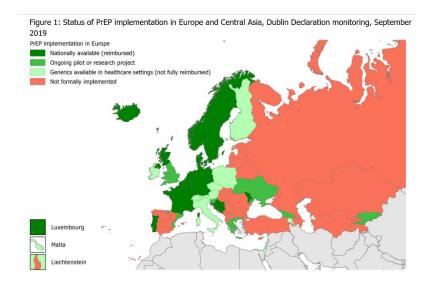
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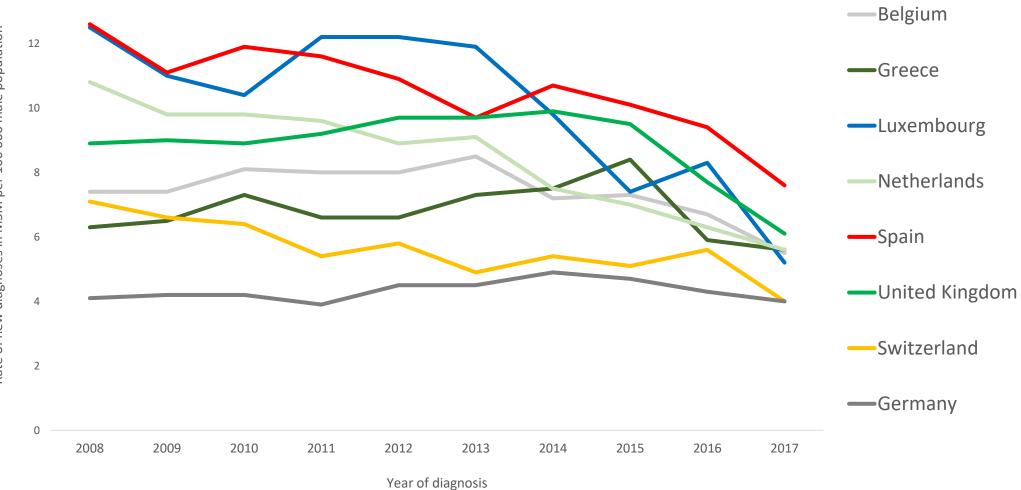


# Population-level effectiveness

- Few International examples
- Uptake has been slower and has been geographically patchy.
- Sydney/NSW Australia is probably best case study to date.
- In the USA, HIV PrEP was approved in 2012, and CDC estimated that 492 000 MSM (25% of all sexually active MSM) would benefit from PrEP. So far uptake is slow and better in some cities eg San Francisco
- Few countries in Europe have implemented PrEP

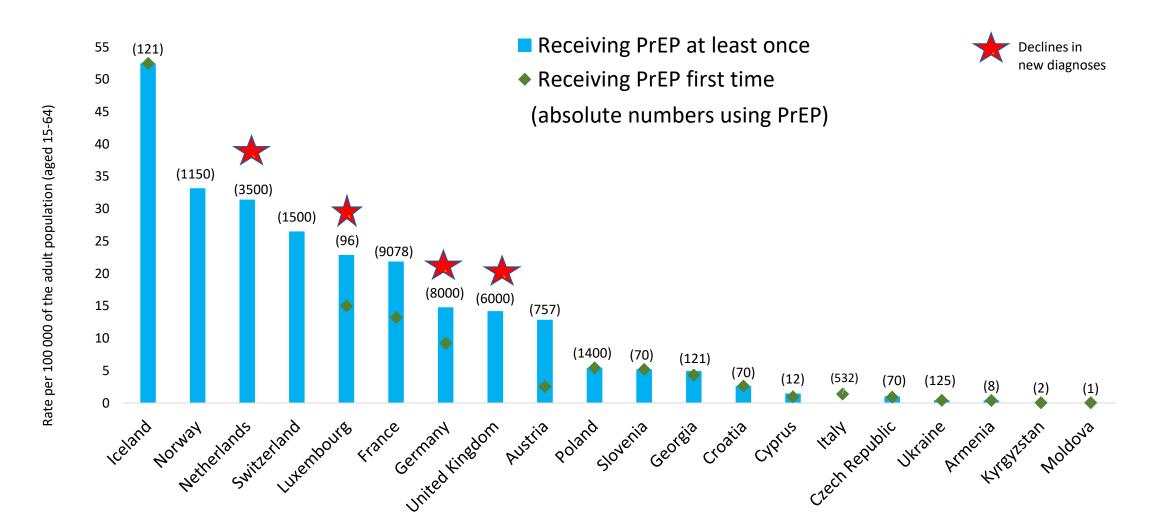


# Countries showing declines in the rates of new HIV diagnosis



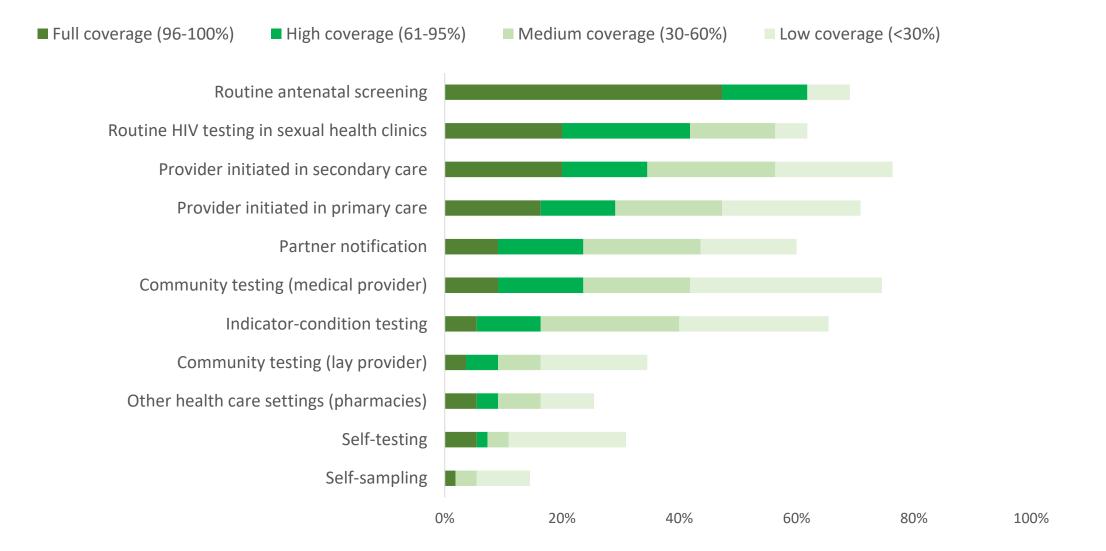
Source: ECDC/WHO (2018). HIV/AIDS Surveillance in Europe 2018-2017 data

Numbers receiving PrEP in the last 12 months per 100 000 of the adult population (aged 15-64), 2018



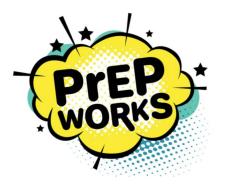
Source: ECDC. PrEP for HIV prevention in Europe and Central Asia. Monitoring implementation of the Dublin Declaration on partnership to fight HIV/AIDS in Europe and Central Asia. Stockholm: ECDC; 2019. In Press.

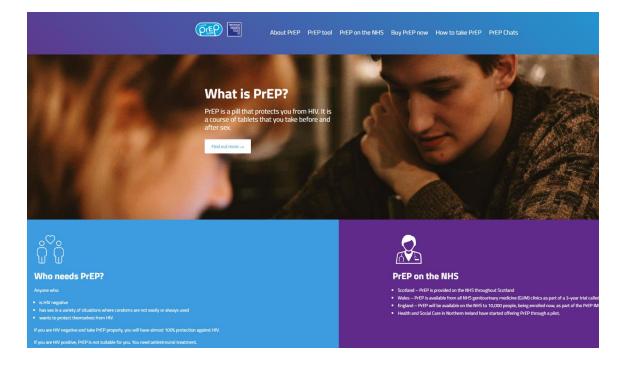
## Coverage of diverse modes of HIV testing



# Prep is working but its impact will depend on numerous factors...

IndividualSystemPeople





# The Impact of Prep will depend on...

Individual factors

- Taking it awareness, access, affordability, tolerability
- Getting monitored awareness, access and affordability of baseline and ongoing HIV and other tests
- Getting treatment if seroconvert awareness of U=U, access and affordable HIV care

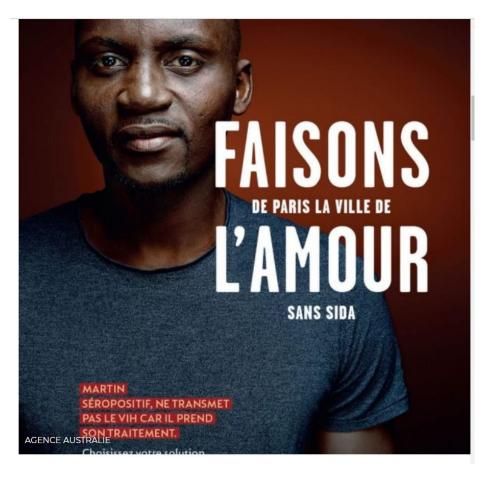


The third in an annual series of UK surveys conducted by Public Health England in collaboration with PrEPster and iwantPrEPnow (IWPN) reports that although the proportion of people who have ever used HIV pre-exposure prophylaxis (PrEP) has not increased since the previous survey, a

# The Impact of Prep will depend on...

System factors

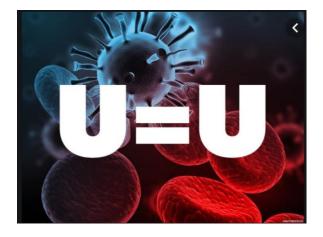
- Political will, funding, policies and guidelines
- Roll out of other combination prevention tools (eg condoms)
- Roll out of 'Test and Treat' strategies
- Scaling up of HIV and STI testing and other tests among Prep users

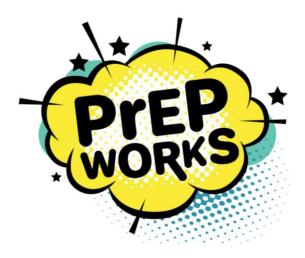


# The Impact of Prep will depend on...

People factors

- Context of the epidemic (prevalence/undiagnosed/incidence)
- Community ownership and engagement
- Testing 'culture' and coverage
- ✤Knowledge of U=U
- Knowing who will most benefit (?defining high risk ?size)
- Surveillance and monitoring systems to guide the response (eg testing, HIV case surveillance, people in HIV care)





### The Impact of PrEP on HIV Incidence in 19 FTCs in the US, 2012-2017

Mera R<sup>1</sup>, <u>Hawkins T</u><sup>1</sup>, Bush S<sup>1</sup>, Nguyen C<sup>1</sup>, Anderson J<sup>1</sup>, Asubonteng J<sup>1</sup>, Das M<sup>1</sup> and McCallister S<sup>1</sup>Gilead Sciences

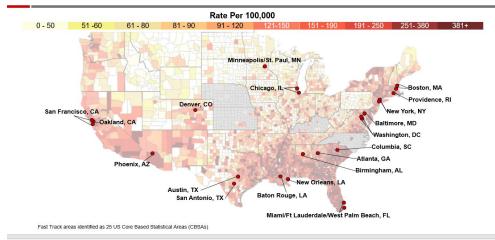
Results: PrEP Use vs. HIV Incidence Rate in the 19 FTCs

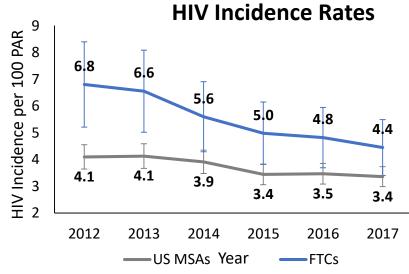
PrEP Quintiles	PrEP utilization in 2017 (Among People At Risk) (95% CI)	HIV Incidence Rate in 2017 (Per 100 PY PAR)
1	1.1%	5.39
(Lowest)	(0.9 – 1.2)	(5.25 – 5.53)
2	2.7%	5.27
	(2.5 – 2.9)	(5.14 – 5.41)
3	5.6%	5.22
	(5.1 – 6.1)	(5.08 – 5.36)
4	9.6%	5.15
	(9.0 - 10.3)	(5.01 – 5.28)
5	18.5%	4.55
(Highest)	(16.8 – 20.3)	(4.43 – 4.66)

In 2017, HIV incidence was 15.7% lower among FTCs with the highest PrEP use (18.5 per 100 PAR) compared to those with the lowest PrEP use (1.1 per 100 PAR)

#### US Fast Track Cities vs HIV Prevalence :

The impact of  $\underline{PrEP}$  in FTCs can serve as a surrogate of the impact of  $\underline{PrEP}$  in cities with the highest HIV prevalence including those in the southern states.





What will it take to 'End the HIV epidemic in the US': An economic modeling study in 6 cities .

### Dr. Bohdan Nosyk



BRITISH COLUMBIA CENTRE for EXCELLENCE in HIV/AIDS



#### **Our Objective**

- Considering 16 evidence-based interventions to diagnose, treat and prevent HIV infection, we aimed to identify the highest-valued combination implementation strategies to reduce the public health burden of HIV/AIDS in six US cities.
- Value was estimated for interventions at previously- documented scale, and ideal implementation
  - · How close can we get to the EtE incidence reduction targets?
- · Value judged on the basis of quality-adjusted life years
  - · International consensus as best practice
  - Captures, weighs benefits of reduced morbidity, mortality and transmission
  - · Focus on equity, maximizing population health

Bohdan Nosyk, PhD<sup>1,2</sup>, Xiao Zang, MSc<sup>1,2</sup>, Emanuel Krebs, MA<sup>1</sup>, Benjamin Enns, MA<sup>1</sup>, Jeong E Min, MSc<sup>1</sup>, Czarina N Behrends, PhD<sup>3</sup>, Carlos Del Rio, MD<sup>4</sup>, Julia C Dombrowski, MD<sup>5</sup>, Daniel J Feaster, PhD<sup>6</sup>, Matthew Golden, MD<sup>5</sup>, Brandon DL Marshall, PhD<sup>7</sup>, Lisa R Metsch, PhD<sup>8</sup>, Shruti H Mehta, PhD<sup>9</sup>, Ankur Pandya, PhD<sup>10</sup>, Bruce R Schackman, PhD<sup>3</sup>, Steven Shoptaw, PhD<sup>11</sup>, Steffanie A Strathdee, PhD<sup>12</sup> on behalf of the localized economic modeling study group supported by the US National Institute on Drug Abuse (R01-DA041747)

1. BC Centre for Excellence in HIV/AIDS; 2. Faculty of Health Sciences, Simon Fraser University; 3. Department of Healthcare Policy and Research, Weill Cornell Medical College; 4. Rollins School of Public Health and Emory University School of Medicine; 5. Department of Medicine; 5. Department of Medicine; 5. Department of Medicine; 5. Department of Medicine, University of Mashington; 6. Department of Public Health Sciences, Leonard M. Miller School of Medicine, University of Miami; 7. School of Public Health, Rown University, Providence; 8. Department of Socionedical Sciences, Mailman School of Public Health, Columbia University; 10. Department of Health Policy and Management, Harvard T.H. Chan School of Public Health; 11. School of Medicine, University of California Los Angeles; 12. School of Medicine, University of California Los Angeles; 12. School of Medicine, University of California Los Angeles; 13. School of Medicine, University of California Los Angeles; 14. School of Medicine, University of California Los Angeles; 14. School of Medicine, University of California Los Angeles; 15. School of Medicine, University of California Los Angeles; 14. School of Medicine, University of California Los Angeles; 15. School of Medicine, University of California Los Angeles; 15. School of Medicine, University of California Los Angeles; 15. School of Medicine, University of California Los Angeles; 15. School of Medicine, University of California Los Angeles; 15. School of Medicine, University of California Los Angeles; 15. School of Medicine, University of California Los Angeles; 15. School of Medicine, University of California Los Angeles; 15. School of Medicine, University of California Los Angeles; 15. School of Medicine, University of California Los Angeles; 15. School of Medicine, University of California Los Angeles; 15. School of Medicine, University of California Los Angeles; 15. School of Medicine, University of California Los Angeles; 15. School of Medicine, University of California Los Angeles; 15. School of M



in HIV/AIDS



### Our focal cities: Home to 24.1% of the US population of people living with HIV/AIDS

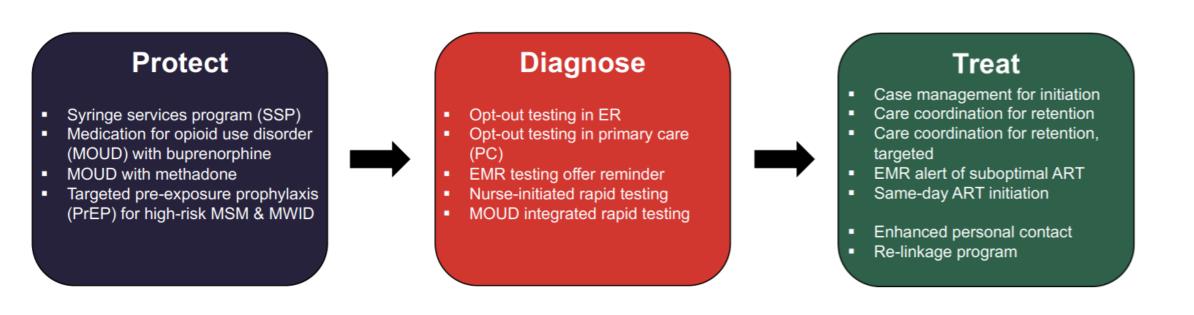
	Atlanta, GA	Baltimore, MD	Los Angeles, CA	Miami, FL;	New York, NY	Seattle, WA
Total adult 15-64 Population (% projected change to 2040)						
Total population (2016)	3,812,143 (37%)	1,874,601 (-1%)	6,964,983 (-2%)	1,821,311 (16%)	5,865,683 (3%)	1,503,497 (15%)
Adult 15-64 Population by race/ethnicity (% projected change in proportion by 2040)						
Black / African American	1,336,469 (-1%)	553,665 (5%)	568,815 (-1%)	296,354 (-2%)	1,304,687 (-1%)	95,550 (1%)
Hispanic / Latinx	391,265 (10%)	102,495 (3%)	3,385,948 (4%)	1,246,583 (7%)	1,703,286 (4%)	137,818 (7%)
Non-Hispanic White and others	2,084,409 (-9%)	1,218,441 (-8%)	3,010,220 (-3%)	278,374 (-5%)	2,857,710 (-3%)	1,270,129 (-8%)
People Living with HIV (rate/100	,000)†					
Prevalence	31,961 (670)	16,931 (718)	48,100 (564)	26,128 (1,120)	117,260 (959)	7,768 (312)
New diagnoses	1,618 (33)	441 (19)	1,720 (20)	1,150 (49)	2,608 (21)	248 (10)
National Rank <sup>Δ</sup>	2	25	27*	1	21*	75*





### **Selected Evidence-Based Interventions**

Selected from the CDC's Compendium of Evidence-Based Interventions and Best Practices for HIV Prevention

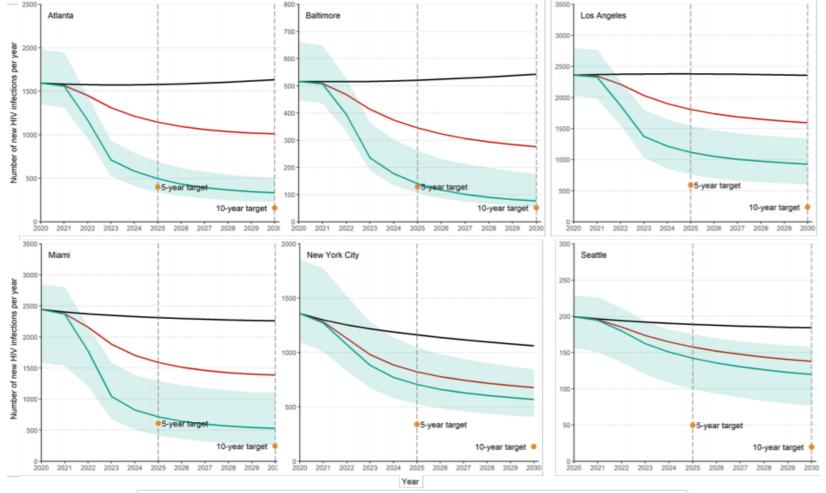


Nosyk et al, FTC





### Estimated impact on HIV incidence: 2020-2030



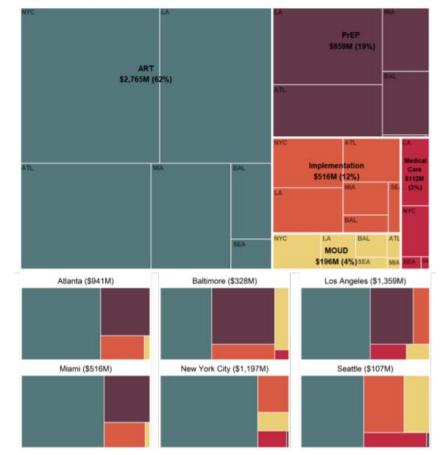
Previously-documented scale: • incidence reductions of 30.8% (Seattle) to 50.1% (NYC) by 2030

Ideal Implementation: •

approaching EtE targets in Atlanta, Baltimore and Miami; LA, NYC and Seattle reaching 60.7%, 58.1% and 39.8% reductions.

- Status Quo - Previously-documented Scale - Ideal Implementation

# Estimated expenditures to implement optimal strategies at previously-documented scale: 2020-2030



- Strategies implemented at previously-documented scale-up: estimated cost of \$4.45B in presentvalue by 2030.
- Investment would be front-loaded, peaking at an annual expenditure of \$671M in 2024.
- Implementing these strategies for our focal cities would require 2.3 times the proposed US national budget allotment for 2020 to the 'Ending the HIV Epidemic' initiative.

Nosyk et al. Submitted 2019.











### Conclusions

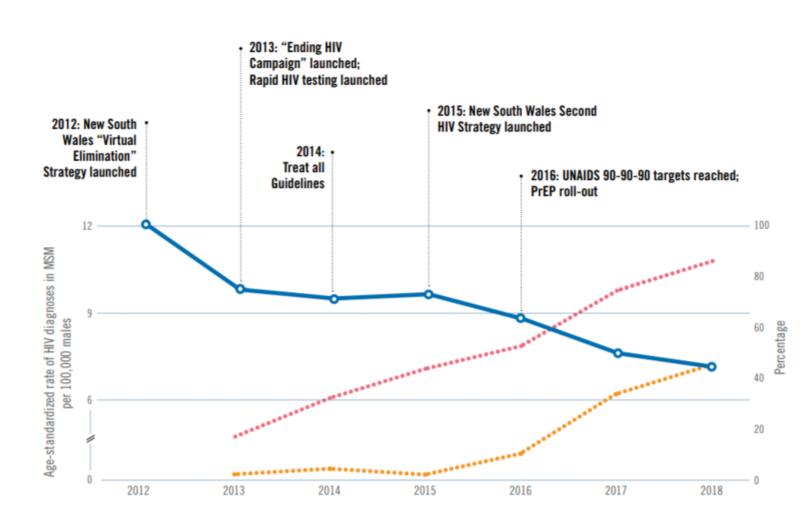
- The EtE goals are not attainable without large reductions in new infections among black and Hispanic MSM in particular.
  - At ideal implementation, incidence in 2030 among black and Hispanic MSM in Miami would be reduced by 78.8% and 84.7%, nearly eliminating disparities relative to white MSM
- We only considered costs of delivering interventions directly impacting HIV-related outcomes. People who are most likely to be living with or acquire HIV are frequently living in poverty, without stable housing or reliable health insurance, hindering access to care. The limited scaleup of delivery for interventions incorporated in this study reflects these realities.
- · Interventions will need to be augmented with efforts to:
  - reduce stigma
  - · improve health literacy
  - · address capacity constraints in healthcare delivery
  - · reduce other social and structural barriers to healthcare access

#### Limitations

- · Simplifying assumptions in the structure of the model; transmission
- · Limits in the evidence base on which it was built
- · Interventions we assessed are not exhaustive
- Uncertainty on the potential scale of delivery, and the attributable costs of implementation, delivery and sustainment

## New South Wales, Australia

Interventions: Percent of high-risk MSM on PrEP Percent of MSM on treatment by 6 weeks



Translating Progress into Success to End the AIDS Epidemic



Population-level effectiveness of rapid, targeted, high-coverage roll-out of HIV pre-exposure prophylaxis in men who have sex with men: the EPIC-NSW prospective cohort study

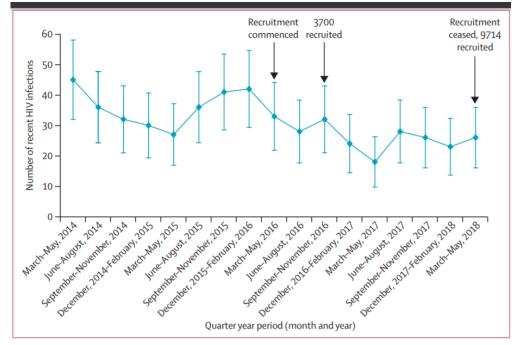
Andrew E Grulich, Rebecca Guy, Janaki Amin, Fengyi Jin, Christine Selvey, Jo Holden, Heather-Marie A Schmidt, Iryna Zablotska, Karen Price, Bill Whittaker, Kerry Chant, Craig Cooper, Scott McGill, Barbara Telfer, Barbara Yeung, Gesalit Levitt, Erin E Ogilvie, Nila J Dharan, Mohamed A Hammoud, Stefanie Vaccher, Lucy Watchirs-Smith, Anna McNulty, David J Smith, Debra M Allen, David Baker, Mark Bloch, Rohan I Bopage, Katherine Brown, Andrew Carr, Christopher J Carmody, Kym L Collins, Robert Finlayson, Rosalind Foster, Eva Y Jackson, David A Lewis, Josephine Lusk, Catherine C O'Connor, Nathan Ryder, Emanuel Vlahakis, Phillip Read, David A Cooper\*, for the Expanded PrEP Implementation in Communities New South Wales (EPIC-NSW) research group

Rapid roll out: Target of 37000 men - recruited over 8 months, >4000 person years follow up. 2 seroconversions both non-adherent. Declines in new diagnoses and new infections over period

The study was promoted by ACON and other HIV non-governmental organisations, clinicians, researchers, and the NSW Ministry of Health. Potential participants were risk using a brief online questionnaire, administered by clinicians or peer educators

'Our results support the population-level effectiveness of PrEP less than 2 years after commencement of PrEP roll-out. Rapid, targeted, high-coverage roll-out to scale was accompanied by rapid reductions in HIV incidence at the population level. PrEP is a highly effective element of the combination prevention approach in MSM.'





#### Figure 3: Trend of recent HIV infections in men who have sex with men in New South Wales by quarter, March 1, 2014, to May 31, 2018

95% CIs were calculated as the normal approximation from the Poisson distribution of number of recent HIV infections. These should be interpreted as an indicator of random variation, and should not be used to infer statistical significance of the difference between points.

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	Number (%)			
Receptive condomless anal intercourse with at least one casual male partner of HIV-positive or unknown status	3357 (91%)			
Diagnosis of infectious syphilis or anal gonorrhoea or anal chlamydia	632 (17%)			
Use of crystal methamphetamine	961 (26%)			
Condomless anal intercourse with an HIV-positive regular partner who is not on antiretroviral treatment or has detectable viral load	282 (8%)			
Previous PrELUDE study participant	159 (4%)			
Table shows data for 3633 of 3700 participants in the EPIC-NSW study; eligibility criteria were missing for 67 participants (2%). Multiple responses were possible. EPIC-NSW=Expanded PrEP Implementation in Communities–New South Wales.				
Table 2: Enrolment behavioural risk eligibility criteria in the 3 months before enrolment				





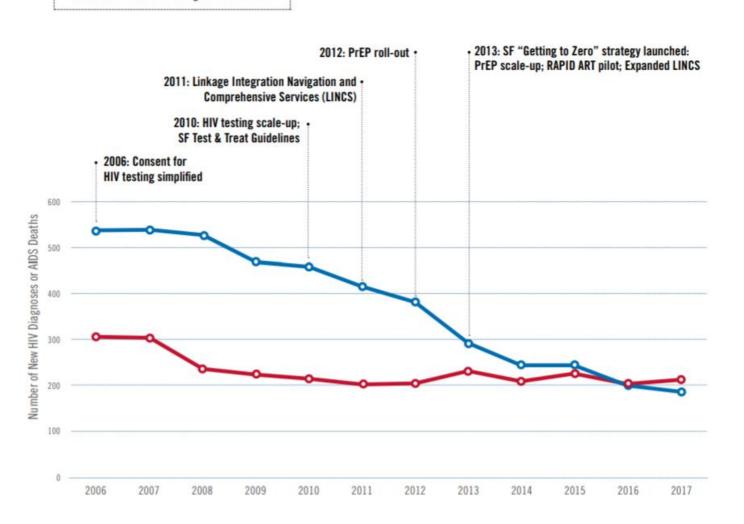
Much greater demand and uptake than anticipated 7621 participants by 12 months, almost 10,000 by 18 months 20% of sexually active gay-identifying men living in New South Wales who were HIV negative or HIV status unknown.

The continuing high rate of PrEP initiation in NSW reflects a less restrictive definition of high risk than in the initially and increasing rates of condomless anal intercourse.

Public funding of PrEP began April 1, 2018 and allows PrEP prescription by all Australian general practitioners. This should assist in ensuring more equitable reductions in HIV diagnoses.

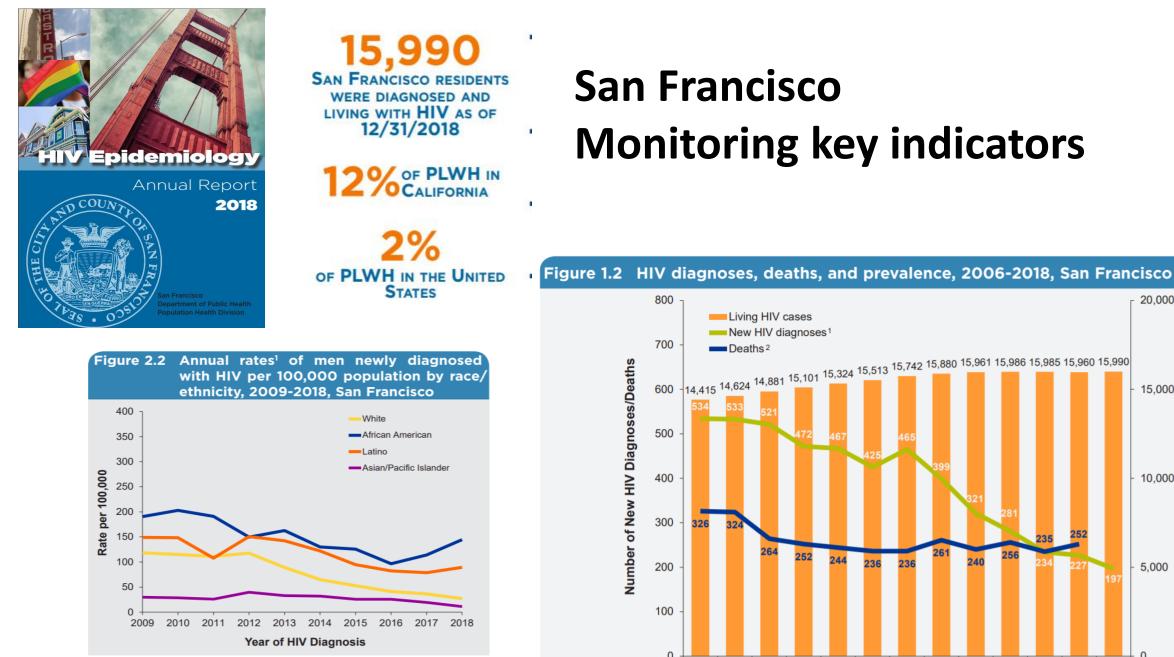
## San Francisco, California

Outcomes: New HIV Diagnoses Deaths



Translating Progress into Success to End the AIDS Epidemic





1 See Technical Notes "HIV Case Rates and HIV Mortality Rates." Includes persons with HIV by year of their initial HIV diagnosis, Excludes transfemale cases, Rates for Native American and multi-racial cases are not calculated due to small numbers.

2006 2007 2008 2009 2010 2011 2012 2013 2014 2015 2016 2017 2018 Year

20,000

15,000

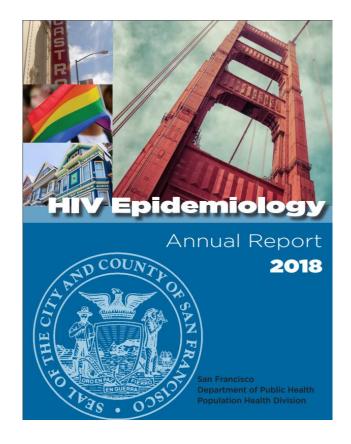
10,000

5,000

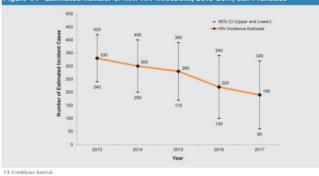
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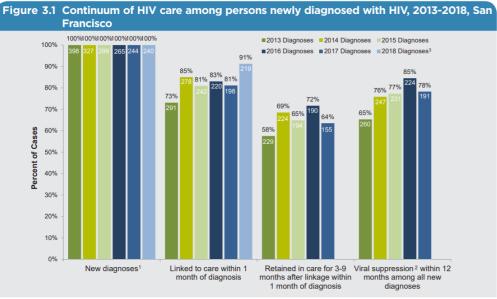
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Cases



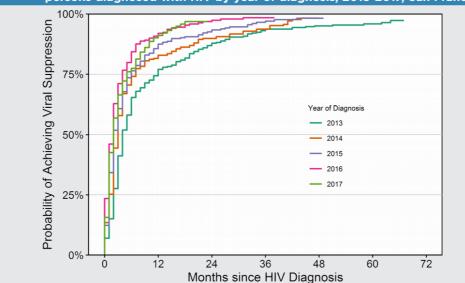
#### gure 1.4 Estimated number of new HIV infections, 2013-2017, San Francisco





Number of new diagnoses shown each year is based on evidence of a confirmed HIV test and does not take into account patient self-report of HIV infection.
Defined as the latest viral load test within 12 months of HIV diagnosis <200 copies/mL. See Technical Notes "HIV Care Outcomes and Definitions."</li>

3 Retention in care and viral suppression data are not available yet for persons diagnosed in 2018.



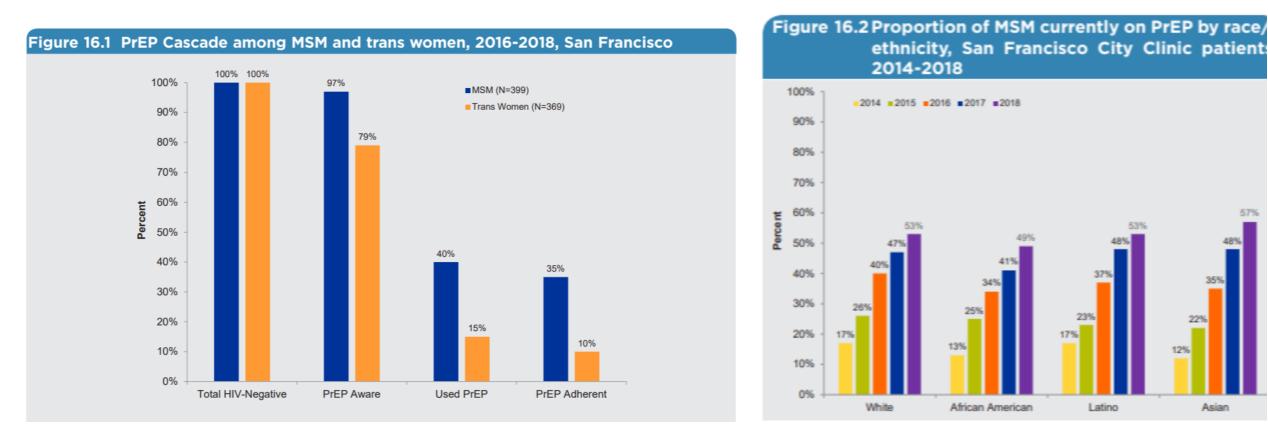
#### Figure 3.8 Kaplan-Meier estimates of time from HIV diagnosis to viral suppression among persons diagnosed with HIV by year of diagnosis, 2013-2017, San Francisco



## San Francisco

# Key indicators of the PrEP continuum

were evaluated from two population-based studies; 369 HIV-negative trans women from Trans\*National Study, 2016-2018 and 399 men who have sex with men (MSM) from National HIV Behavioral Surveillance System, 2017





# San Francisco Monitoring of other key indicators

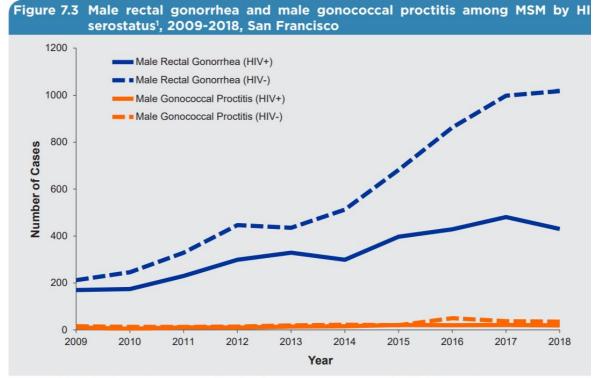
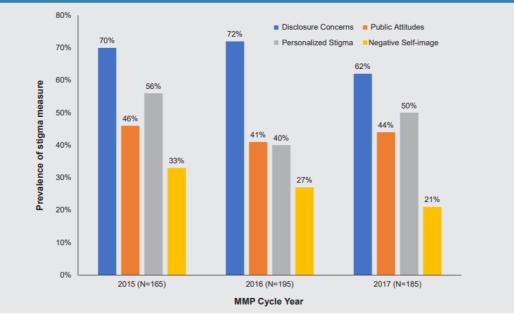


Figure 17.1 Prevalence of stigma measures<sup>1</sup> by Medical Monitoring Project, 2015-2017, San Francisco



1 Stigma prevalence counted as "agree" or "strongly agree" to each stigma dimension as outlined below

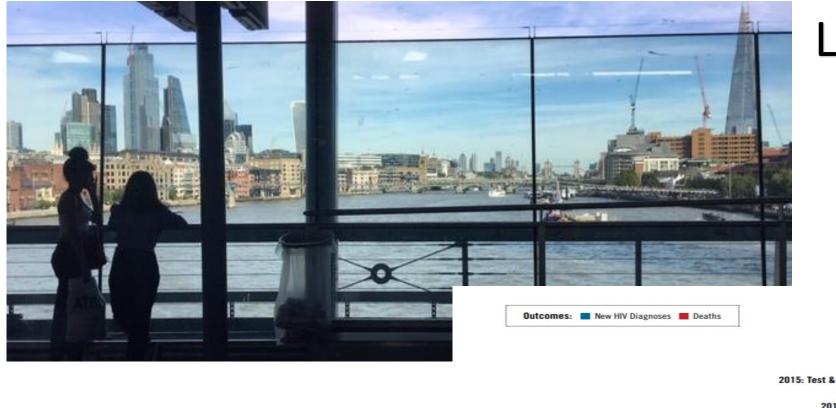
2 "I am very careful who I tell that I have HIV" or "I worry that people who know I have HIV will tell others."

3 "Most people think that a person with HIV is disgusting" or "Most people with HIV are rejected when others find out."

4 "I have been hurt by how people reacted to learning I have HIV" or "I have stopped socializing with some people because of their reactions of my having HIV" or "I have lost friends by telling them I have HIV."

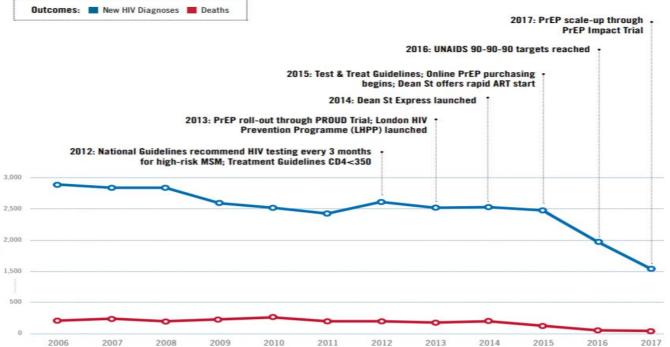
5 "I feel that I am not as good a person as others because I have HIV" or "Having HIV makes me feel unclean" or "Having HIV makes me feel that I'm a bad person."

1 Data on male rectal gonorrhea and gonococcal proctitis originate from San Francisco Department of Health STD case registry.



Number of New HIV Diagnoses or AIDS Deaths

# London, England



Translating Progress into Success to End the AIDS Epidemic



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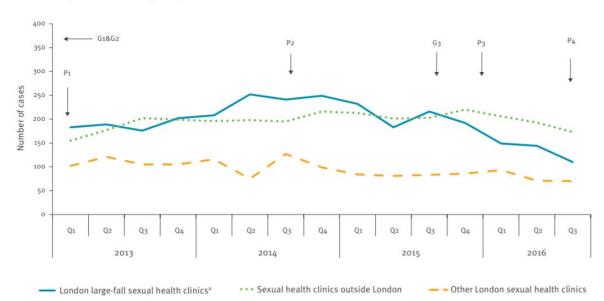
Home / Eurosurveillance / Volume 22, Issue 25, 22/Jun/2017 / Article

#### **Rapid communication**

Fall in new HIV diagnoses among men who have sex with men (MSM) at selected London sexual health clinics since early 2015: testing or treatment or pre-exposure prophylaxis (PrEP)?

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New HIV diagnoses among men who have sex with men attending sexual health clinics by year and quarter, England, 2013–2016 (n=7,291 HIV diagnoses)



**Conclusions** The 17% fall in new HIV diagnoses in MSM in England between October 2014–September 2015 and October 2015– September 2016 was focussed in five clinics which experienced a 32% decline.

The fall seen at these five clinics coincided with accelerated treatment at diagnosis and a substantial increase in HIV testing, particularly repeat testing. The volume of tests and rapid treatment following diagnosis is now likely to have reached a level that decreases the number of men with transmissible levels of virus thereby reducing transmission.

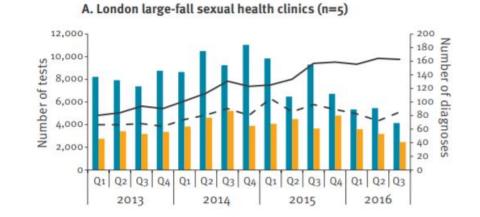
The use of PrEP among high-risk MSM, although limited at this stage, will also have contributed to the fall in new diagnoses.

#### FIGURE 2

### Number of HIV tests and diagnoses in men who have sex with clinic group, England, 2013-2016

#### FIGURE 3

Numbers of men who have sex with men living with HIV infection who are undiagnosed, diagnosed and untreated or treated and non-supressed viral load (A-C) and median time (days) from HIV diagnosis to ART initiation, by CD4 count at ART start (D-F) by clinic group, England, 2013–2015



C. Sexual health clinics outside London (n=191)



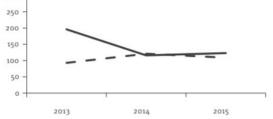
New testers: Repeat testers: Diagnoses Diagnoses

-- Tests -- Tests

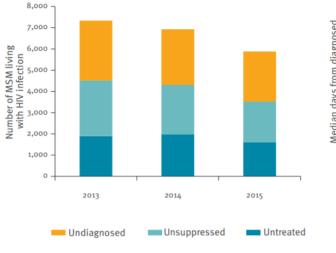


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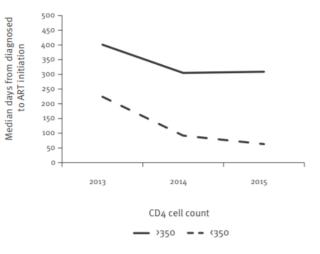
D. London large-fall sexual health clinics (n=5)



C. Sexual health clinics outside London (n=191)



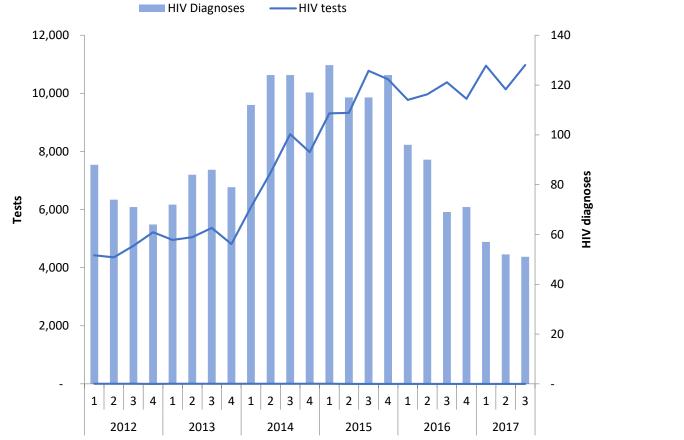
F. Sexual health clinics outside London (n=191)

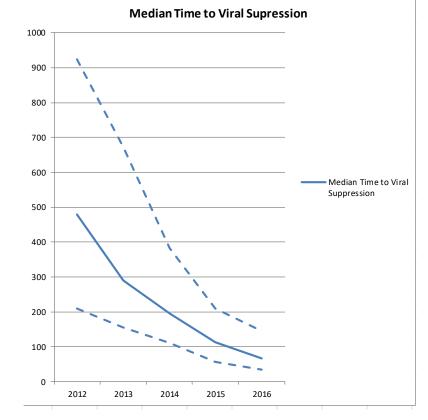


Data Source: Public Health England



### ean St its, new diagnoses and time to viral suppression /bisexual men

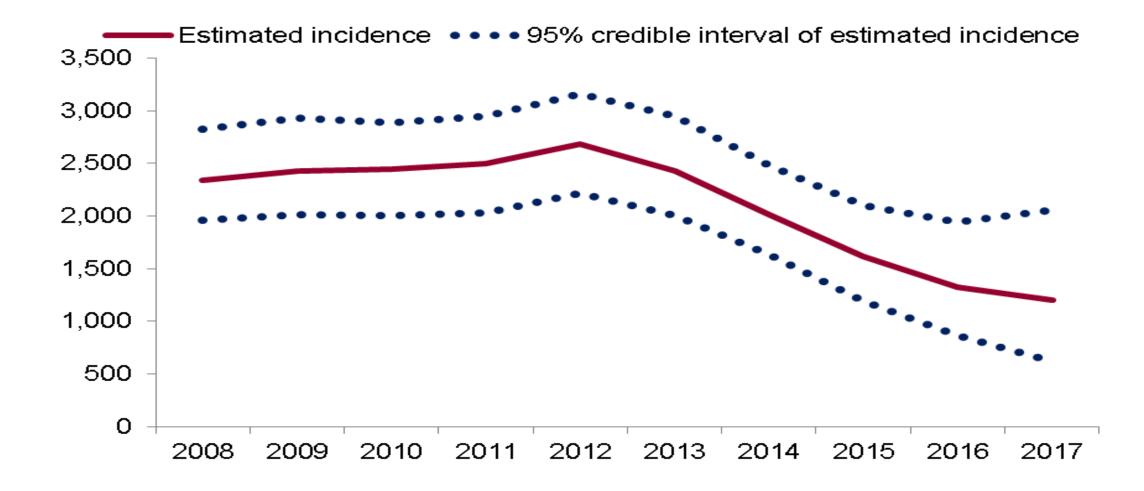




Data Source: Public Health England



### Estimates of HIV incidence in gay and bisexual men: England, 2008 to 2017



### **The London Vision**

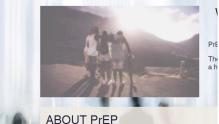
We have a shared ambition to make London the world's healthiest global city, and the best global city in which to receive health and care services.

We know we need to work together across public services and wider society, both to make the most of opportunities for good health and tackle issues that cause poor health and health inequalities. The London Vision sets out our shared priorities as a partnership and will guide us as we design London-wide and local action together with Londoners.

The Vision represents a major milestone in our partnership. It builds on significant collaborative work over several years through which we have achieved things like a new social movement for better mental health (Thrive LDN), the first London Estates Strategy, and much more. It is the beginning of a conversation about the next phase of this collaborative work, and an important invitation to you – professionals, partner organisations, the community and voluntary sector and members of the public – to discuss and debate it with us.







Sex Transm Infect. 2019 Apr 22. pii: sextrans-2019-054009. doi: 10.1136/sextrans-2019-054009. [Epub ahead of print]

### Preparing for PrEP: estimating the size of the population eligible for HIV pre-exposure prophylaxis among men who have sex with men in England.

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#### Abstract

**OBJECTIVES:** The size of the population of men who have sex with men (MSM) who may be eligible for HIV pre-exposure prophylaxis (HIV-PrEP) in England remains unknown. To plan for a national PrEP implementation trial, we estimated the number of MSM attending sexual health clinics (SHCs) that may be eligible for HIV-PrEP in England.

**METHODS:** Sexually transmitted infection (STI) surveillance data from 2010 to 2015 from the GUMCAD surveillance system were used to estimate the annual number of HIV-negative MSM who may be eligible for HIV-PrEP in England. Based on national eligibility criteria, we identified HIV-negative MSM attending SHCs with a HIV-negative test in the past year and used diagnosed bacterial STI (past year) in this group as a proxy for condomless sex and eligibility for HIV-PrEP. We estimated HIV incidence per 100 person-years (py) in these groups in 2014.

**RESULTS:** During 2010-2015, the number of HIV-negative MSM attending SHCs with a HIV-negative test in the past year doubled from 14 643 to 29 023, and HIV incidence in this group was 1.9 (95% CI 1.6 to 2.2) per 100 py in 2014. In the same period, the subgroup with a bacterial STI diagnosis (past year), and therefore considered potentially eligible for HIV-PrEP in this analysis, increased from 4365 (30%) to 10 276 (35%). HIV incidence in this subgroup was 3.3 (95% CI 2.7 to 4.0) per 100 py in 2014.

**CONCLUSIONS:** In 2015, approximately 10 000 HIV-negative MSM were considered potentially eligible for HIV-PrEP based on clinic history in GUMCAD. These data were used to inform the initial recruitment target for the PrEP Impact Trial and will inform future evaluations at a population level.



#### News Release

#### New HIV diagnoses fall by a third in the UK since 2015

Annual HIV data published today show a continued decline with new diagnoses at their lowest level since 2000.

Data published today by Public Health England (PHE) reveal that new HIV diagnoses in the UK have fallen to their lowest level since 2000. New diagnoses fell by almost a third (28%) from 6,271 in 2015 to 4,484 in 2018.

New HIV diagnoses have been declining in both gay and bisexual and heterosexual populations. The steepest falls have been seen among gay and bisexual men, where new diagnoses declined by 39% between 2015 and 2018. The biggest falls have been among gay and bisexual men who are:

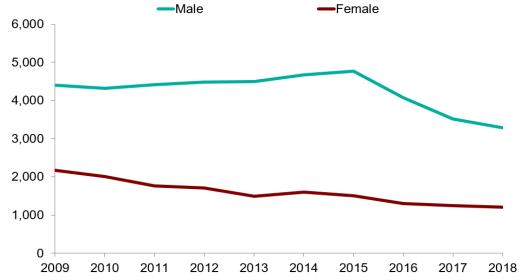
- white (46% decrease from 2,353 in 2015 to 1,276 in 2018)
- born in the UK (46% decrease from 1,627 in 2015 to 873 in 2018) ٠
- aged 15-24 (47% decrease from 505 in 2015 to 269 in 2018) ٠
- living in London (50% decrease from 1,459 in 2015 to 736 in 2018)

During the same period, new diagnoses have also fallen by a quarter (24%) among people who acquired HIV through heterosexual contact.

The continued decline of HIV diagnoses is largely due to the success of combination HIV prevention over the past decade, which includes HIV testing, condom provision, the scale-up of pre-exposure prophylaxis (PrEP) and anti-retroviral therapy (ART) – drugs that keep the level of HIV in the body low and prevent the virus being passed on.

Dr Valerie Delpech, Head of HIV Surveillance at Public Health England, said: "It is thanks to the enormous testing and prevention efforts in the UK that we are seeing further declines in new HIV diagnoses, which have now reached their lowest in almost 20 years People with HIV now benefit from effective treatments that stop the virus being passed on to sexual partners and the number of people diagnosed late is lower than ever before.

#### Number of new HIV diagnoses by gender<sup>1</sup>: United Kingdom, 2009 to 2018

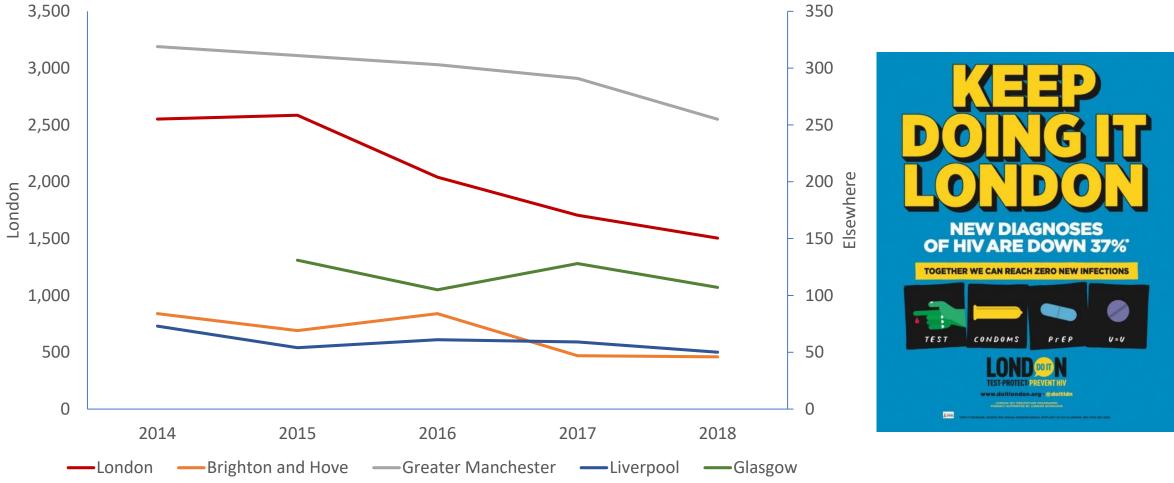


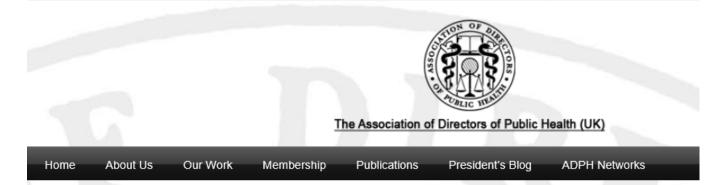
<sup>1</sup> New HIV diagnoses totals for males and females are based on gender identity and include trans people. The overall total includes people who identify gender in another way and those with gender identity not reported.

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#### Data Source: Public Health England 39

# Number of new HIV diagnoses in selected UK cities, 2014-2018





### ADPH Press Statement: PrEP extension welcome but unresolved funding puts rollout at risk

#### July 8, 2019 in ADPH Updates, Policies, Sexual and Reproductive Health by Lucy Sutton

On Friday 5th July NHS England announced that it would fund the NHS costs for the additional roll-out of places on the PrEP trial. This is very welcome, but by no means enough to enable roll-out and risks unfairly raising expectations.

The Government has left the issue of local authority costs unresolved despite repeated calls by the LGA and the ADPH, and as a result some clinics are already saying they will not have the necessary capacity to deliver more places for PrEP.

ADPH and LGA fully support increased PrEP availability, and would like to see the full roll-out, but this requires funding. Whilst the Government leaves funding unresolved this remains a barrier to roll-out. The previous extension of the trial announced in March 2019 has already created an unfunded £7million cost on councils.

#### ADPH Vice President Jim McManus said:

"The Government has given no thought to the strain this will put on local authorities at a time when they are already trying to meet unfunded burdens, contravening the Government's own policy position on not creating such new burdens on councils.



David is one of at least 15 people who tested positive for HIV while waiting to access Prep.

At least 15 people in England have tested HIV positive while waiting to get a place on a trial for a pill which prevents the disease.

Pre-exposure prophylaxis (PrEP) is a daily tablet which can stop a person from getting HIV.

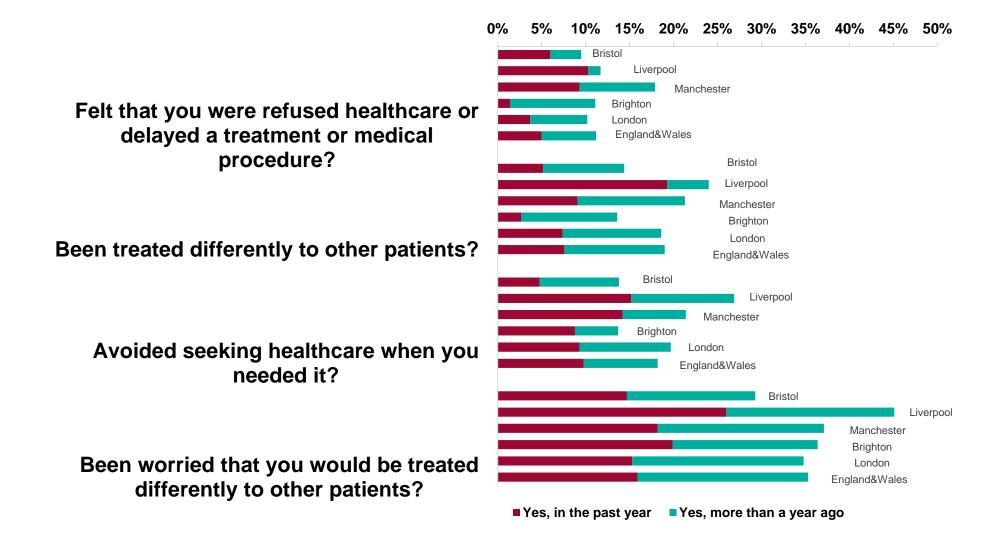
England is the only place in the UK where places on a trial to access the drug through the NHS are restricted.

The Department of Health said plans are under way for "routine commissioning" when the trial ends next year.

PrEP is freely available for high-risk patients in Scotland and the British HIV Association, which represents healthcare professionals involved in the treatment and care of people with HIV, is calling for the same in England.

### Stigma and discrimination, Positive Voices 2017: UK Cities





# PozQoL Scale Assessing quality of life among People living with HIV



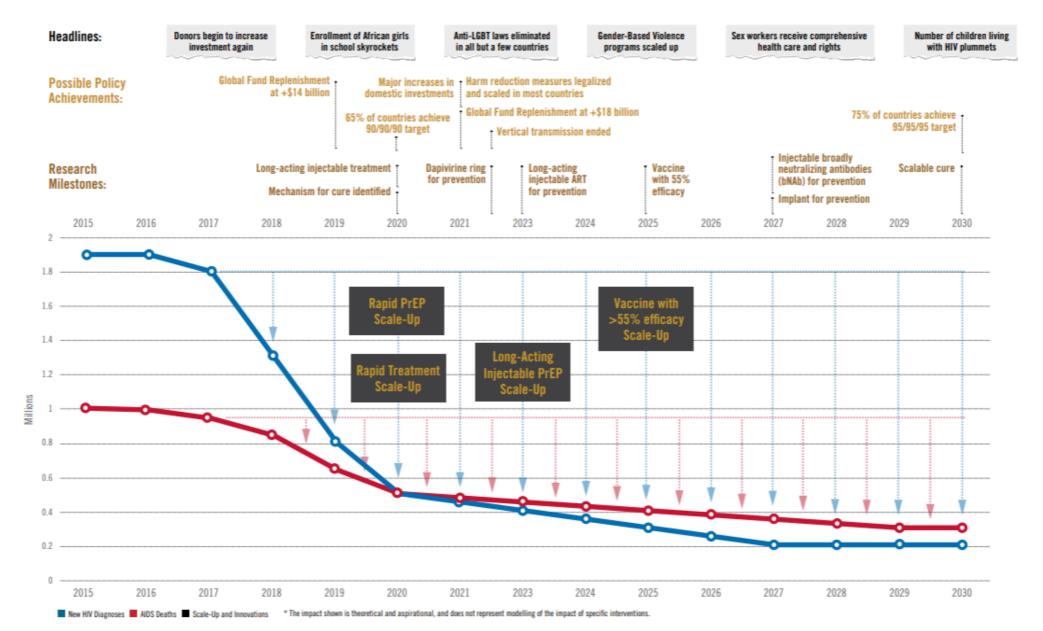
### 13 items across 4 domains

Health concerns	I worry about my health I worry about the impact of HIV on my health I fear the health effects of HIV as I get older
Psychological	I am enjoying life I feel in control of my life I am optimistic about my future I feel good about myself as a person
Social	I feel that HIV limits my personal relationships I lack a sense of belonging with people around me I am afraid that people might reject me when they learn I have HIV
Functional	I feel that HIV prevents me from doing as much as I would like Having HIV limits my opportunities in life Managing HIV wears me out
	rianaging niv wears me out

Curtesy: Graham Brown

### Ending the Epidemic: Headlines of the Future

This graph' depicts UNAIDS Fast-Track targets. Remarkable strides have been made at the global level, with declines in new HIV diagnoses to 1.8 million and AIDSrelated deaths to 940,000 in 2017. Still, we remain off-track for reaching UNAIDS 2020 targets, particularly for HIV incidence. Closing the gaps between actual and projected progress (illustrated by the dotted lines) will require urgent progress on structural barriers and development and scale-up of evidence-based policies, products, and research. Only with a global commitment to accelerating these interventions will we begin to see a steeper drop in incidence and deaths.





# Take home message

- PrEP works and is working, it is a key prevention tool and is cost-saving
- PrEP can be scaled up relatively quickly provided there is a good infrastructure to monitor its impact at the individual and population level. The demand may be higher than anticipated.
- The relative contribution of PrEP in reducing transmission is context specific influenced by many factors (individual, health system and population level)
- PrEP will work best as part of Combination Prevention Programme specific to needs of the local community. Monitoring progress is vital.
- The Combination Prevention strategies need to be evidence-based, pragmatic, rights-based and community-owned.
- Successful implementation means PrEP for all who need it and at the time they need – ie addressing health inequalities





### Acknowledgements

We gratefully acknowledge People living with HIV for providing their information and the continuing collaboration of clinicians, microbiologists, immunologists, public health practitioners, occupational health doctors and nurses and other colleagues who contribute to the surveillance of HIV and STIs in the UK

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